

Megan E. Renna, Ph.D.

Curriculum Vitae
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ACADEMIC APPOINTMENTS

University of Southern Mississippi 2021 - present
Assistant Professor, School of Psychology
Faculty Member, APA-Accredited Doctoral Program in Clinical Psychology

EDUCATION & TRAINING

The Ohio State Wexner Medical Center/Institute for Behavioral Medicine Research 2019 - 2021
Postdoctoral Fellow
National Cancer Institute Funded T32 in Cancer Prevention and Control
Mentor: Janice Kiecolt-Glaser, Ph.D.

Teachers College, Columbia University 2017 - 2019
Ph.D. in Clinical Psychology
M.Phil. in Psychology
Advisor: Douglas Mennin, Ph.D.
Doctoral dissertation: Perseveration and health: An experimental examination of worry and relaxation on autonomic, endocrine, and immunological processes

Duke University Medical Center 2018 - 2019
Medical Psychology Intern, Adult CBT Track
APA Accredited Internship in Clinical Psychology

The Graduate Center, City University of New York/Hunter College 2013 - 2017
Pursuing a Ph.D. in Health Psychology & Clinical Science
M.A. in Psychology, M.Phil in Psychology
Advisor: Douglas Mennin, Ph.D.
Masters thesis: Attentional flexibility is associated with clinical outcomes in emotion regulation therapy for generalized anxiety disorder

Simmons College 2006 - 2010
B.A. in Psychology
Cum Laude, Honors in Psychology
Honors thesis: A focus on adolescents and food allergy: Examining psychological and developmental factors that may influence coping and self-management

PROFESSIONAL INTERESTS

- To examine biological, behavioral, and emotional pathways that link psychopathology to poor health
- To elucidate theranostic biomarkers of anxiety and depression
- To tailor evidence-based interventions to better target physical symptoms associated with anxiety and depression

HONORS & AWARDS

Institute for Behavioral Medicine Research Day Outstanding Postdoctoral Poster Presentation 2021
Society for Clinical Psychology Student Poster Award 2017
American Psychosomatic Society Young Scholar Award 2017
Student Travel Award, Hunter College, \$1,070 2016

Student Travel Award, CUNY Graduate Center, \$300	2014 - 2015
Student Travel Award, Hunter College, \$480	2014
Distinction & Honors in Psychology, Simmons College	2010
Psi Chi	2009
Dean's List, Simmons College	2007 - 2010

GRANT ACTIVITY

Awarded:

Ruth L. Kirschstein Institutional National Research Service Award Salary, benefits, and conference travel funds Grant Number 1T32CA229114-01 <i>Shields (PI)</i> , National Cancer Institute T32 in Cancer Prevention and Control	2019-2021
Dean's Grant for Student Research, Teachers College, \$2000 <i>Renna (PI)</i> , Purpose of Project: to investigate the impact of experimentally induced worry and relaxation on cortisol, inflammation, and cardiovascular function among community individuals	2018
Doctoral Student Research Grant (DSRG), CUNY Graduate Center, \$1433 <i>Renna (PI)</i> , Purpose of Project: to examine the association between gastric reactivity and inflammation among college students during experimental inductions of worry and rumination	2015
Presidential Grant, Hunter College, \$1500 <i>Mennin (PI)</i> , Purpose of Project: to investigate the association between gastric reactivity and inflammation among college students during experimental inductions of worry and rumination	2014
PSC CUNY Research Grant, City University of New York, \$6000 <i>Mennin (PI)</i> , Purpose of Project: to examine the efficacy of Emotion Regulation Therapy in ameliorating symptoms associated with anxiety and depressive disorders in a diverse sample of young adults	2015

Submitted:

Garrison Family Foundation Grant <i>Singer (PI)</i> , Purpose of project: to test the effectiveness of a DBT skills group to reduce social and emotional distress in dementia caregivers Role: Co-I	2021
National Institute of Health Loan Repayment Program Institution: National Cancer Institute Loan repayment for two consecutive years <i>Renna (PI)</i> , Purpose of Project: to develop and test an ecological momentary mindfulness intervention to reduce physical and psychological in breast cancer survivors	2021
National Institute of Mental Health R15 <i>Bonfils (PI)</i> , Purpose of project: to investigate the relationships between social cognition, sleep disturbance, and inflammation among adults with schizophrenia-spectrum disorders Role: Co-I	2021

PEER-REVIEWED PUBLICATIONS

35. Darabos, K., **Renna, M.E.**, (in press). Therapeutic alliance between oncologists and young adults with cancer: Relationships with meaning and peace of mind. *Journal of Adolescence and Young Adult Oncology*
34. Madison, A.A., Andridge, R., Shrout, M.R., **Renna, M.E.**, Bennett, J.M., Jaremka, L.M., Fagundes, C.P., Belury, M.A., Malarkey, W.B., Kiecolt-Glaser, J.K. (in press). Chronic Interpersonal Stress and Inflammatory Reactivity Predict Depressive Symptom Increases: Two Tests of the Social Signal Transduction Theory of Depression. *Psychological Science*.

33. Madison, A.A., Peng, J., Shrout, M.R., **Renna, M.E.**, Alfano, C.M., Povoski, S.P., Lipari, A.M., Agnese, D.M., Carson, W.E., Malarkey, W.B., Kiecolt-Glaser, J.K. (in press). Distress trajectories in black and white breast cancer survivors: From diagnosis to survivorship. *Psychoneuroendocrinology*
32. Madison, A.A., Belury, M.A., Andridge, R., **Renna, M.E.**, Shrout, M.R., Malarkey, W.B., Lin, J., Epel, E.S., Kiecolt-Glaser, J.K. (in press). Omega-3 supplementation and stress reactivity of cellular aging biomarkers: An ancillary substudy of a randomized, controlled trial in midlife adults. *Molecular Psychiatry*. DOI: 10.1038/s41380-021-02077-2
31. Darabos, K., **Renna, M.E.**, Zimmerman, C.F., Wang, A., Hoyt, M. (2021). Emotional approach coping among young adult cancer survivors: Relationships with psychological distress, posttraumatic growth, and resilience. *Psychooncology*, 30(5): 728-735. DOI: 10.1002/pon.5621
30. Shrout, M.R., **Renna, M.E.**, Madison, A.A., Alfano, C.M., Povoski, S.P., Lipari, A.M., Agnese, D.M., Yee, L.D., Carson, W.E., Kiecolt-Glaser, J.K. (2021). Breast cancer survivors' satisfying marriages predict better psychological and physical health: A longitudinal comparison of satisfied, dissatisfied, and unmarried women. *Psychooncology*, 30(5): 699-707. DOI: 10.1002/pon.5615
29. **Renna, M.E.**, O'Toole, M.S., Fresco, D.M., Heimberg, R.G., Mennin, D.S. (2021). From psychological to physical health: Exploring temporal precedence throughout emotion regulation therapy. *Journal of Anxiety Disorders*, 80: 102403. DOI: 10.1016/j.janxdis.2021.102403
28. Madison, A.A., Shrout, M.R., **Renna, M.E.**, Kiecolt-Glaser, J.K. (2021). Psychological and behavioral predictors of vaccine efficacy: Considerations for COVID-19. *Perspectives on Psychological Science*, 12(2): 191-203. DOI: 10.1177/1745691621989243
27. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Jaremka, L.M., Alfano, C.M., Povoski, S.P., Agnese, D.M., Carson, W.E., Kiecolt-Glaser, J.K. (2021). Fluctuations in depression and anxiety predict dysregulated leptin among obese breast cancer survivors. *Journal of Cancer Survivorship*. DOI: 10.1007/s11764-020-00977-6
26. **Renna, M.E.**, Peng, J., Shrout, M.R., Madison, A.A., Andridge, R., Alfano, C.M., Povoski, S., Lipari, A., Malarkey, W.B., Kiecolt-Glaser, J.K. (2021). Childhood abuse histories predict steeper inflammatory trajectories across time. *Brain, Behavior, & Immunity*, 91: 541-545. DOI: 10.1016/j.bbi.2020.11.012
25. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Lustberg, M., Povoski, S.P., Agnese, D.M., Reinbolt, R.E., Wesolowski, R., Williams, N.O., Ramaswamy, B., Sadesai, S.D., Noonan, A.M., VanDeusen, J.B., Malarkey, W.B., Kiecolt-Glaser, J.K. (2021). Worry and rumination in breast cancer survivors: Perseveration worsens self-rated health. *Journal of Behavioral Medicine*, 44: 253-259. DOI: 10.1007/s10865-020-00192-9
24. Gershkovich, M., Middleton, R.R., Hezel, D.M., Grimaldi, S.J., **Renna, M.E.**, Basaraba, C.N., Patel, S.R., & Simpson, H.B. (2021). Integrating exposure and response prevention with a mobile app to treat obsessive-compulsive disorder: Feasibility, acceptability, and preliminary effects. *Behavior Therapy*, 52(2): 394-405. DOI: 1016/j.beth.2020.05.001
23. **Renna, M.E.**, Hoyt, M.A., Ottiavani, C., Mennin, D.S. (2020). An experimental examination of worry and relaxation on autonomic, endocrine, and immunological processes. *Psychoneuroendocrinology*, 122: 104870. DOI: 10.1016/j.psyneuen.2020.104870
22. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Alfano, C.M., Povoski, S.P., Lipari, A.M., Agnese, D.M., Carson, W.E., Kiecolt-Glaser, J.K. (2020). Within-person changes in cancer-related distress predict breast cancer survivors' inflammation across treatment. *Psychoneuroendocrinology*, 121: 1-6. DOI: 10.1016/j.psyneuen.2020.104866
21. Shrout, M.R., **Renna, M.E.**, Madison, A.A., Jaremka, L.M., Fagundes, C.P., Malarkey, W.B., Kiecolt-Glaser, J.K. (2020). Cortisol slopes and conflict: A spouse's stress matters. *Psychoneuroendocrinology*, 121: 1-8. DOI: 10.1016/j.psyneuen.2020.104839
20. Arnold, T., Rogers, B., Norris, A., Schierberl-Scherr, A., **Renna, M.E.**, Haubrick, K., Sun, S., Danforth, M., Chu, C., Silva, E., Whiteley, L.B., Pinkston, M. (2020). A brief transdiagnostic pandemic mental health maintenance intervention. *Counseling Psychology Quarterly*. DOI: 10.1080/09515070.2020.1769026
19. Shrout, M.R., **Renna, M.E.**, Madison, A.A., Povoski, S.P., Lipari, A.M., Agnese, D.M., Yee, L.D., Carson III, W.E., & Kiecolt-Glaser, J.K. (2020). Relationship satisfaction predicts lower stress and inflammation in breast cancer survivors. *Psychoneuroendocrinology*, 118: 1-7. DOI: 10.1016/j.psyneuen.2020.104708

18. Kiecolt-Glaser, J.K., **Renna, M.E.**, Shrout, M.R., Madison, A.A. (2020). Stress reactivity: What pushes us higher, faster, and longer? – And why it matters. *Current Directions in Psychological Science*. DOI: 10.1177/09637214
17. Madison, A.A., Belury, M.A., Andridge, R., Shrout, M.R., **Renna, M.E.**, Malarkey, W.B., Bailey, M.T., Kiecolt-Glaser, J.K. (2020). Afternoon distraction: A high saturated fat meal and endotoxemia impact post-meal attention in a randomized crossover trial. *American Journal of Clinical Nutrition*, 00: 1-9. DOI: 10.1093/ajcn/nqaa085
16. **Renna, M.E.**, Fresco, D.M., Mennin, D.S. (2020). Emotion regulation therapy and its potential role in the treatment of chronic stress related pathology across disorders. *Chronic Stress*, 4: 1-10. DOI: 10.1177/2470547020905787
15. O'Toole, M. S., **Renna, M.E.**, Poulsen, E. E., & Mennin, D. S. (2020). A systematic review and meta-analysis of the association between complexity of emotion experience and behavioral adaptation. *Emotion Review*, 12(1): 23-38. DOI: 10.1177/1754073919876019
14. O'Toole, M.S., **Renna, M.E.**, Mennin, D.S., Fresco, D.M. (2019). Changes in decentering and reappraisal temporally precede symptom reduction during emotion regulation therapy for generalized anxiety disorder with and without co-occurring depression. *Behavior Therapy*, 50(6): 1042-1052. DOI: 10.1016/j.beth.2018.12.005
13. O'Toole, M.S., Bovbjerg, D., **Renna, M.E.**, Lekander, M., Mennin, D.S., Zachariae, R. (2018). The effect of psychological intervention on inflammatory outcomes: A systematic review and meta-analysis. *Brain, Behavior, & Immunity*, 74: 68-78. DOI: 10.1016/j.bbi.2018.04.005
12. **Renna, M.E.**, O'Toole, M.S., Spaeth, P.E.*, Lekander, M, Mennin, D.S. (2018). The association between anxiety, traumatic stress, and obsessive-compulsive disorders and chronic inflammation: A systematic review and meta-analysis. *Depression & Anxiety*, 35: 1081-1094. DOI: 10.1002/da.22790
11. **Renna, M.E.**, Seeley, S.H., Heimberg, R.G., Etkin, A., Fresco, D.M., Mennin, D.S. (2018). Increased attentional flexibility is associated with clinical response to emotion regulation therapy for generalized anxiety disorder. *Cognitive Therapy and Research*, 42: 121-134. DOI: 10.1007/s10608-017-9872-7
10. **Renna, M.E.**, Quintero, J.M., Soffer, A., Pino, M., Ader, L., Fresco, D.M., Mennin, D.S. (2018). An open trial of Emotion Regulation Therapy for generalized anxiety and depression in a diverse sample of young adults. *Behavior Therapy*, 49(3): 403-418. DOI: 10.1016/j.beth.2017.09.001
9. **Renna, M.E.**, Chin, S.*, Seeley, S.H., Mennin, D.S., Fresco, D.M., Heimberg, R.G. (2018). The use of the mirror tracing persistence task as a measure of distress tolerance in generalized anxiety disorder. *Journal of Rational Emotive & Cognitive Behavior Therapy*, 36: 80-88. DOI: 10.1007/s10942-017-0274-2
8. **Renna, M.E.**, Quintero, J.M., Mennin, D.S., Fresco, D.M. (2017). Emotion regulation therapy: A mechanism-based treatment for disorders of distress. *Frontiers in Psychology*, 8: 1-14. DOI: 10.3389/fpsyg.2017.00098
7. O'Toole, M.S., Zachariae, R., **Renna, M.E.**, Mennin, D.S., & Applebaum, A. (2016). Cognitive behavioral therapy for informal caregivers of cancer patients: A meta-analysis. *Psycho-oncology*, 26(4), 428-437. DOI: 10.1002/pon.4144
6. Wichelns, G.*, **Renna, M.E.**, Mennin, D.S. (2016). Preliminary evidence for the validity of subjective anchor scales of worry and rumination. *Cognitive Therapy and Research*, 1-16. DOI: 10.1007/s10608-016-9779-8
5. Stein M.B., Slavin-Mulford J., Siefert C.J., Sinclair, S.J., **Renna M.**, Malone J., Bello I., Blais, M.A. (2013). SCORS-G Stimulus Characteristics of Select Thematic Apperception Cards. *Journal of Personality Assessment*, 1-11. DOI: 10.1080/00223891.2013.823440
4. Blais M.A., Malone J., Stein M.B., Slavin-Mulford J., O'Keefe S., **Renna M.**, Sinclair S.J. (2013). Treatment as Usual (TAU) for Depression: A comparison of psychotherapy, pharmacotherapy and combined treatment at a large academic medical center. *Psychotherapy*, 51, 110-118. DOI: 10.1037/a0031385
3. Feldman G., Greeson J., **Renna M.**, Robbins-Monteith K. (2011). Mindfulness predicts less texting while driving among young adults: Examining attention- and emotion-regulation motives as potential mediators. *Personality and Individual Differences*, 51, 856-861. DOI 10.1016/j.paid.2011.07.020
2. Sinclair, S.J., Siefert C.J., Slavin-Mulford J., Stein M.B., **Renna M.**, Blais, M.A. (2011). Psychometric evaluation and normative data for the Depression, Anxiety, and Stress Scales-21 (DASS-21) in a non-clinical sample of United States adults. *Evaluation and the Health Profession*, 35, 259-279. DOI 10.1177/0163278711424282

1. Sinclair, S.J., Bello I., Nyer, M., Slavin-Mulford J., Stein M.B., **Renna M.**, Antonius D., Blais M.A. (2011). The suicide (SPI) and violence potential indices (VPI) from the Personality Assessment Inventory: A preliminary exploration of validity in an outpatient psychiatric sample. *Psychopathology and Behavioral Assessment*, 34, 423-431. DOI 10.1007/s10862-102-92777-6.

MANUSCRIPTS UNDER REVIEW

5. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Bennett, J.M., Malarkey, W.B., Emery, C.F., Kiecolt-Glaser, J.K. (under review). Distress disorder histories predict heart rate variability trajectories during and after stress. Revise and resubmit at *Psychoneuroendocrinology*

4. **Renna, M.E.** (under review). Incorporating an emotion regulation perspective in psychoneuroimmunology: An integrated review and preliminary theoretical model. Under review at *Brain, Behavior, and Immunity - Health*

3. Shrout, M.R., Madison, A.A., **Renna, M.E.**, Alfano, C.M., Povoski, S.P., Agnese, D.M., Carson, W.E., Kiecolt-Glaser, J.K. (under review). The gut connection: Gut leakiness as a pathway from breast cancer survivors' relationship satisfaction to inflammation across treatment. Revise and resubmit at *Brain, Behavior, & Immunity*

2. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Lustberg, M., Povoski, S.P., Agnese, D.M., Reinbolt, R.E., Wesolowski, R., Williams, N.O., Ramaswamy, B., Sadesai, S.D., Noonan, A.M., VanDeusen, J.B., Malarkey, W.B., Kiecolt-Glaser, J.K. (under review). Distress disorders predict increased physical symptoms among breast cancer patients and survivors: Findings across the cancer trajectory. Under review at *Journal of Behavioral Medicine*

1. Shrout, M.R., **Renna, M.E.**, Andridge R., Peng, J., Madison, A.A., Jaremka, L.M., Fagundes, C.P., Malarkey W.B., Kiecolt-Glaser J.K. (under review). So anxious together: Concordance in spouses' anxiety predict stronger negative affect synchrony across the day. *Under review at Personality and Individual Differences*

MANUSCRIPTS IN PREPARATION

7. **Renna, M.E.**, Madison, A.A., Shrout, M.R., Lustberg, M., Kiecolt-Glaser, J.K. (in preparation). Physical and cognitive trajectories across the day among breast cancer survivors: Both emotion regulation and emotionality matter.

6. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Belury, M., Malarkey, W.B., Kiecolt-Glaser, J.K. (in preparation). The moderating role of depression in the relationship between interpersonal stress and inflammation.

5. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Alfano, C.M., Povoski, S.P., Lipari, A.M., Agnese, D.M., Carson, W.E., Malarkey, W.B., Kiecolt-Glaser, J.K. (in preparation). Depression and anxiety in colorectal cancer patients: Implications for pain, fatigue, and inflammation.

4. Clayton, M., **Renna, M.E.**, Klemanski, D.H., Kerns, C.K., McLaughlin, K.A., Mennin, D.S. (in preparation). The impact of daily emotion regulation strategy use on worry and rumination

3. **Renna, M.E.**, Spaeth, P.E., Clayton, M., Mennin, D.S. (in preparation). Emotional reactivity and regulation: Implications for heart rate variability during an experimental worry and relaxation induction.

2. Arnold, T., Tao, J., Sosnowy, C., **Renna, M.E.**, Chu, C.T., Silva, E.S., Almonte, A., Rogers, B.G., Nunn, A.S., Marshall, D.L., Chan, P.A. (in preparation). Evaluating the barriers/facilitators of PrEP engagement in care and the decision making process to engage in care among African American and Hispanic/Latino MSM.

1. **Renna, M.E.**, Qina'au, J., Spaeth, P.E., Clayton, M., Mennin, D.S. (in preparation). Emotion regulation and its influence on inflammation.

*denotes undergraduate mentee

BOOK CHAPTERS

5. Clayton, M., **Renna, M.E.**, Fresco, D.M., & Mennin, D.S. (in press). An emotion regulation framework for emphasizing commonalities in cognitive behavioral therapy. In W. Dryden & D. David (Eds.), *REBT: Collaborative, Future Directions*. Abingdon, UK: Routledge.

4. Feldman, G., Westine, M., Edelman, A., Higgs, M., **Renna, M.E.**, & Greeson, J. (in press). The Cognitive and Affective Mindfulness Scale (CAMS-R). In: N.N. Singh, O.N. Medvedev, C.U. Krageloh, & R.J. Siegert (Eds.), *Handbook of Assessment in Mindfulness*. New York, NY: Springer.
3. **Renna, M.E.**, Quintero, J.M., Fresco, D.M., Mennin, D.S. (2019). Emotion Regulation Therapy: A mechanism-targeted treatment for disorders of distress. In: I. Etchebarne & A. J. Roussos (Eds.). *Nuevos desarrollos en el tratamiento del Trastorno de Ansiedad Generalizada: Abordajes y Debates [New Developments in the Treatment of Generalized Anxiety Disorder: Approaches and Debates]*.
2. Garcia, E., **Renna, M.E.**, Mennin, D.S. (2015). Generalized anxiety disorder. In: D. Pine, B. Rothbaum, K. Ressler, A. Muskin (Eds.), *Anxiety Disorders: Translational Perspectives on Diagnosis and Treatment* (pp. 315-327). New York: Oxford University Press.
1. O'Toole, M. S., Mennin, D. S., **Renna, M.E.**, Zachariae, R., & Applebaum, A. (2014). Cognitive behavioral therapy for informal cancer caregivers: A review of the literature and future directions. In: B. Myers (Ed.), *Cognitive Behavioral Therapy: New Research* (pp.33-78). Hauppauge, NY: Nova Science Publishers.

PUBLISHED ABSTRACTS

12. Shrout, M.R., **Renna, M.E.**, Madison, A.A., Alfano, C., Povoski, S., Lipari, A., Kiecolt-Glaser, J.K. (2021, April). Do all marriages promote breast cancer survivors' health over time? A comparison of satisfied, unsatisfied, and unmarried women. In *Annals of Behavioral Medicine* (Vol. 55, pp. S159-S159).
11. Yano, R.* , **Renna, M.E.**, Kiecolt-Glaser, J.K. (2021, April). Interpersonal stress predicts next-day heart rate variability among newly diagnosed breast cancer patients. In *Annals of Behavioral Medicine* (Vol. 55, pp. S284-S284).
10. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Kiecolt-Glaser, J.K. (2021, April). Within-person fluctuations in cancer-related distress increases inflammation among breast cancer survivors. In *Annals of Behavioral Medicine* (Vol. 55, pp. S516-S516).
9. **Renna, M.E.**, Spaeth, P.E., Qina'au, J., Hoyt, M.A., & Mennin, D.S. (2020, July). Examining the impact of an experimental manipulation of worry and relaxation on inflammatory cytokines. In *Psychosomatic Medicine* (Vol. 82, No. 6, pp. A53-A54).
8. Shrout, M.R., Madison, A.A., **Renna, M.E.**, & Kiecolt-Glaser, J.K. (2020, July). Marriage on the brain: Supportive marriages predict positive neurobiological changes. In *Psychosomatic Medicine* (Vol. 82, No. 6, pp. A42-A42).
7. **Renna, M.E.**, Peng, J., Shrout, R., Madison, A. A., Andridge, R., & Kiecolt-Glaser, J. K. (2020, July). Childhood abuse histories contribute to steeper inflammatory trajectories across time. In *Psychosomatic Medicine* (Vol. 82, No. 6, pp. A13-A13).
6. **Renna, M.E.**, Shrout, R., Madison, A.A., & Kiecolt-Glaser, J.K. (2020, July). Worry and rumination in breast cancer survivors: Perseveration worsens self-rated health. In *Psychosomatic Medicine* (Vol. 82, No. 6, pp. A15-A15).
5. Shrout, M. R., **Renna, M.E.**, Madison, A. A., & Kiecolt-Glaser, J. K. (2020, July). Relationship Satisfaction, Stress, and inflammation in breast cancer survivors. In *Psychosomatic Medicine* (Vol. 82, No. 6, pp. A223-A223).
4. Zimmerman, C.F., Darabos, K., **Renna, M.E.**, Wang, A., Hoyt, M. Part of the Process—The Role of Emotional Approach Coping in Adjustment among Young Adults with Cancer. *Annals of Behavioral Medicine*, 54(Suppl 1): S14.
3. Quintero, J.M., **Renna, M.E.**, Seeley, S., Mennin, D.S. (2018). Indices of trait emotionality and emotion regulation: A concordance study between myoelectrical gastric reactivity and heart rate variability. *Psychophysiology*, 55, S97.
2. **Renna, M.E.**, Lekander, M., O'Toole, M.S., Spaeth, P.S., Mennin, D.S. (2018). Inflammatoriska markörer vid ångest, tvångssyndrom och post-traumatiskt stressyndrom: en meta-analys [Inflammation in anxiety, obsessive-compulsive, and traumatic-stress related disorders: A meta-analysis]. *BestPractice Psykiatri/ Neurologi*
1. **Renna, M.E.**, O'Toole, M.S., Spaeth, P.S., Mennin, D.S. (2017). Chronic inflammation in anxiety disorders: A systematic review and meta-analysis. *Psychosomatic Medicine*, 79(4), A140.

CONFERENCE TALKS

18. **Renna, M.E.**, Quintero, J.M., Spaeth, P.E., Sandman, C.F., Fresco, D.M., Mennin, D.S. Targeting distress disorders through emotion regulation therapy: A randomized controlled trial of an 8-session versus 16-session format. In L. Sarfan (Chair), Addressing the real world complexity of mental illness: Cognitive behavioral approaches to comorbidity and transdiagnostic treatments. Symposium to be presented at the Association for Behavioral and Cognitive Therapies Annual Conference, November 2021, New Orleans, LA.
17. Shrout, M. R., Madison, A. A., **Renna, M. E.**, Alfano, C. M., Povoski, S. P., Lipari, A. M., Agnese, D. Carson III, W. E., Bailey, M. T., & Kiecolt-Glaser, J. K. *The gut connection: Gut leakiness as a pathway from breast cancer survivors' relationship satisfaction to inflammation across treatment*. Talk given at The Ohio State University's Institute for Behavioral Medicine Research Annual Research Day, Columbus, OH.
16. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Kiecolt-Glaser, J.K. *Within-person fluctuations in cancer-related distress increases inflammation among breast cancer survivors*. Talk given at the virtual Society of Behavioral Medicine Annual Meeting and Scientific Sessions.
15. Shrout, M. R., **Renna, M. E.**, Madison, A. A., Alfano, C. M., Povoski, S. P., Lipari, A. M., Agnese, D. M., Farrar, W. B., Carson III, W. E., & Kiecolt-Glaser, J. K (Accepted). *Do all marriages promote breast cancer survivors' health over time? A comparison of satisfied, unsatisfied, and unmarried women*. Talk given at the virtual Society of Behavioral Medicine Annual Meeting and Scientific Sessions.
14. **Renna, M.E.**, Quintero, J.M., Fresco, D.M., Mennin, D.S. (2019). *Efficacy of an abbreviated 8-session version of emotion regulation therapy compared to a 16-session format: A randomized controlled trial*. In C. Cummings (Chair), Promoting Resilience Using Novel Interventions Among Individuals at Risk. Symposium presented for the Anxiety and Depression Association of America Annual Conference, March 2021, Virtual Conference.
13. Shrout, M.R., **Renna, M.E.**, Madison A.A., Kiecolt-Glaser, J.K. *Catching each other's stress: The importance of own and partner stress in cortisol slopes*. To be presented at the International Association for Relationship Research Annual Conference, July 2020, London, England. [conference cancelled due to COVID-19]
12. **Renna, M.E.**, Shrout, M.R., Madson, A.A., Kiecolt-Glaser, J.K. *Avoidance increases inflammation among breast cancer survivors*. Talk accepted for the Ohio State University College of Medicine's Institute for Behavioral Medicine Research Annual Research Day, April 2020, Columbus, OH. [conference cancelled due to COVID-19]
11. Shrout, M.R., **Renna, M.E.**, Madison, A.A., Kiecolt-Glaser, J.K. *Relationship satisfaction, stress, and inflammation in breast cancer survivors*. Talk accepted for the American Psychosomatic Society Annual Conference, March 2020, Long Beach, CA. [conference cancelled due to COVID-19]
10. Shrout, M. R., Madison, A. A., **Renna, M. E.**, & Kiecolt-Glaser, J. K. *Is marriage good for the brain? Novel neurobiological changes in high-quality marriages*. Talk given at the Society for Personality and Social Psychology Close Relationships Preconference, February 2020, New Orleans, LA.
9. Quintero, J.M, **Renna, M.E.**, Mennin, D.S. (2018). *Indices of trait emotionality and emotion regulation: A concordance study between myoelectrical gastric reactivity and heart rate variability*. In V. Vine (Chair), Multi-modal measurement of emotion and emotion regulation: Opportunities for enhancing clinical science and treatment. Symposium presented at the Association of Behavioral and Cognitive Therapies Annual Conference, November 2018, Washington D.C.
8. Spaeth, P.E.*, Sandman, C., **Renna, M.E.**, Mennin, D.S. (2017). *Relationships Between Expressivity, Subjective Emotional Experience, and Treatment Outcomes in Individuals with Distress Disorders*. Talk presented at the Hunter College Undergraduate Research Conference, April 2017, New York, NY.
7. **Renna, M.E.**, Quintero, J.M., Fresco, D.M., Mennin, D.S. (2017). *Examining dosing of Emotion Regulation Therapy among a diverse sample of young adults: Findings from open and randomized controlled trials*. In L. LaFreniere (Chair), Advances in treatment for generalized anxiety disorder: New results from RCTs. Symposium presented at the Anxiety and Depression Association of America Annual Conference, April 2017, San Francisco, CA.
6. **Renna, M.E.**, O'Toole, M.S., Spaeth, P.E.*, Mennin, D.S. (2017). *Chronic inflammation in anxiety disorders: A systematic review and meta-analysis*. Symposium presented at the American Psychosomatic Society Annual Meeting, March 2017, Seville, Spain.
5. Mennin, D.S., **Renna, M.E.**, Quintero, J.M, Fresco, D.M. (2015). *Emotion regulation therapy for generalized anxiety and depression in a diverse sample of young adults*. Symposium presented at the 49th Annual Association of Behavioral and Cognitive Therapies Conference, November 2015, Chicago, IL.

4. Seeley, S.H., Mankus, A.M., **Renna, M.E.**, Cooper, S., Mennin, D.S. (2014). *Emotion regulation flexibility in the anxiety disorders: From basic science to interventions*. Symposium presented at the Anxiety and Depression Association of America Annual Conference, March 2014, Chicago, IL.
3. Stein, M.B., Slavin-Mulford, J., Sinclair, S.J., Malone, J.C., Frankel, M., Lowmaster, S., Messinger, J., **Renna, M.**, Blais, M.A. (2013). *Exploring multi-method assessment across level of care*. Paper presented at the Society of Personality Assessment Annual Meeting, March 2013, San Diego, CA.
2. Stein, M.B., Slavin-Mulford, J., Sinclair, S.J., **Renna, M.**, Blais, M.A. (2011). *SCORS-G stimulus characteristics of select Thematic Apperception Cards*. Paper presented at the Society of Personality Assessment Annual Meeting, March 2011, Boston, MA.
1. Sinclair, S.J., Bello, I., Slavin-Mulford, J., Stein, M.B., **Renna, M.**, Blais, M.A. (2011). *The relationship between executive functioning and suicide & violence potential on the Personality Assessment Inventory*. Paper presented at the Society of Personality Assessment Annual Meeting, March 2011, Boston, MA.

INVITED TALKS AND GUEST LECTURES

12. **Renna, M.E.** (2021). Integrating cognitive-behavioral principles into clinical supervision. University of Southern Mississippi Clinical Psychology Didactic Series.
11. **Renna, M.E.** (2019). *Mental health and suicidality in cancer patients*. Duke University Medical Center – Cognitive Behavioral Research and Treatment Program.
10. Porter, L., Webb, J., **Renna, M.E.** (2019). *Development of a Palliative Care Pre-Doctoral Psychology Internship Training Program*. Palliative Care Grand Rounds, Duke University Medical Center.
9. **Renna, M.E.** (November 2018). *Translational perspectives on the link between physical and mental health*. Columbia University Medical Center's Center for Cardiovascular Behavioral Health.
8. **Renna, M.E.** (April 2018). *Integrating Affective Science into Psychotherapy*. Guest lecture, Cognition Emotion, & Affect. Teachers College, Columbia University.
7. **Renna, M.E.** (March 2018). *Anxiety Disorders: Generalized Anxiety Disorder and Panic Disorder*. Guest lecture, Abnormal Psychology. Hunter College.
6. **Renna, M.E.** (April 2017). *Contraception*. Guest lecture, Human Sexuality and Development. Hunter College.
5. **Renna, M.E.** (March 2017). *Dialectical Behavioral Therapy*. Invited Talk, Foundations in Health Psychology and Clinical Science clinical experiences for students. The Graduate Center, City University of New York.
4. **Renna, M.E.** (April 2014). *Gender and Health*. Guest lecture, Health Psychology. Hunter College.
3. **Renna, M.E.** (February 2014). *The Intersection of Physical and Mental Health*. Invited Talk, Health Psychology. Hunter College. (*repeated each semester through Spring 2018 for 2 different sections of Health Psychology course)
2. **Renna, M.E.** (December 2014). *Health Psychology*. Guest lecture, Abnormal Psychology. Hunter College.
1. **Renna, M.E.** (September 2014). *Anxiety Disorders*. Guest lecture, Abnormal Psychology. Hunter College.

MEDIA

5. Child abuse tied to persistent inflammation in later life (March 2021). https://www.medscape.com/viewarticle/948096?tok=a66a9369-29c3-4401-b1eb-444aebd21a5e_3977295
4. Worry, anxiety tied to increased inflammation (April 2020). <https://www.medscape.com/viewarticle/928287>
3. Quoted in "Becoming a Health Psychologist" by Tracey A. Revenson, Patrice G. Saab, Peggy M. Zoccola, & Lara Traeger (2020).

2. Tweaking CBT to boost outcomes for GAD (June 2017). <http://www.mdedge.com/psychiatry/article/140586/anxiety-disorders/tweaking-cbt-boost-outcomes-gad>

1. Anxiety disorders, PTSD, and OCD linked to inflammatory dysregulation, study finds (December 2018). <https://www.psypost.org/2018/12/anxiety-disorders-ptsd-and-ocd-linked-to-inflammatory-dysregulation-study-finds-52766>

POSTER PRESENTATIONS

56. Clayton, M.*, Weingast, L., **Renna, M.E.**, Panjwani, A.A., Heimberg, R.G., Fresco, D.M., Mennin, D.S. Emotion regulation skills use predicts lower intolerance of uncertainty: Findings from a secondary analysis of emotion regulation therapy. Poster submitted to the Anxiety and Depression Association of America Annual Conference, March 2022, Denver, CO.

55. Clayton, M.*, **Renna, M.E.**, Spaeth, P.E., Mennin, D.S. Emotional reactivity and regulation: Implications for heart rate variability during an experimental worry and relaxation induction. Poster to be presented at the Association for Behavioral and Cognitive Therapies Annual Conference, November 2021, New Orleans, LA.

54. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Kiecolt-Glaser, J.K. *Obesity predicts dysregulated leptin among breast cancer survivors*. Poster presented at The Ohio State University's Institute for Behavioral Medicine Research Annual Research Day, April 2021, Columbus, OH.

53. Madison, A.A., Belury, M.A., Andridge, R., **Renna, M.E.**, Shrout, M.R., Malarkey, W.B., Lin, J., Epel, E.S., Kiecolt-Glaser, J.K. *Omega-3 Supplementation and Stress Reactivity of Cellular Aging Biomarkers: An Ancillary Substudy of a Randomized, Controlled Trial in Midlife Adults*. Poster presented at The Ohio State University's Institute for Behavioral Medicine Research Annual Research Day, April 2021, Columbus, OH.

52. Shrout, M. R., **Renna, M. E.**, Madison, A. A., Jaremka, L. M., Fagundes, C. P., Malarkey, W. B., & Kiecolt-Glaser, J. K. *Cortisol slopes and conflict: A spouse's perceived stress matters*. Poster presented at The Ohio State University's Institute for Behavioral Medicine Research Annual Research Day, April 2021, Columbus, OH.

51. Yano, R.A.*, **Renna, M.E.**, Kiecolt-Glaser, J.K. Interpersonal stress predicts next-day heart rate variability among newly diagnosed breast cancer patients. Poster presented at the Society for Behavioral Medicine's Annual Conference, March 2021, Virtual Conference.

50. **Renna, M.E.**, Mennin, D.S., Spaeth, P.E., Qina'au, J., Hoyt, M.A. *Is worrying bad for your health? The influence of an experimental manipulation of worry and relaxation on inflammation*. Poster presented for the Anxiety and Depression Association of America Annual Conference, March 2021, Virtual Conference.

49. **Renna, M.E.**, Peng, J., Shrout, R., Madison, A.A., Andridge, R., Kiecolt-Glaser, J.K. *How abuse histories influence health: An analysis of inflammatory trajectories across time*. Poster presented for the Anxiety and Depression Association of America Annual Conference, March 2021, Virtual Conference.

48. Clayton, M.*, **Renna, M.E.**, Klemanski, D.H., Kerns, C., McLaughlin, K.A., Mennin, D.S. *Maladaptive and adaptive emotion regulation: The impact of daily skills use on negative self-referential processing*. Poster presented for the Anxiety and Depression Association of America Annual Conference, March 2021, Virtual Conference.

47. Clayton, M.*, **Renna, M.E.**, Klemanski, D.H., Kerns, C., McLaughlin, K.A., Mennin, D.S. *The impact of daily emotion regulation strategy use on worry and rumination*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Meeting, Virtual Conference.

46. Clayton, M.*, **Renna, M.E.**, Quintero, J.M., Fresco, D.M., Mennin, D.S. *Emotion regulation therapy for generalized anxiety: The impact of comorbid depression*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Meeting, Virtual Conference.

45. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Kiecolt-Glaser, J.K. *Worry and rumination worsen self-rated psychological and physical health among breast cancer survivors*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Meeting, Virtual Conference.

44. Madison, A., Belury, M., Andridge, R., Shrout, M.R., **Renna, M.E.**, Malarkey, W., Bailey, M., Kiecolt-Glaser, J.K. *Afternoon Distraction: A High Saturated Fat Meal and Endotoxemia Impact Post-Meal Attention in a Randomized Crossover Trial*. Poster accepted for the Institute for Behavioral Medicine Research Annual Research Day, April 2020, Columbus, OH. [conference cancelled due to COVID-19]
43. Shrout, M.R., **Renna, M. E.**, Madison, A. A., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., & Kiecolt-Glaser, J. K. *Relationship satisfaction predicts lower stress and inflammation in breast cancer survivors*. Poster accepted for The Ohio State University's Institute for Behavioral Medicine Research Annual Research Day, Columbus, OH. [conference cancelled due to COVID-19]
42. Shrout, M. R., Madison, A. A., **Renna, M. E.**, & Kiecolt-Glaser, J. K. *Marriage on the Brain: Supportive Marriages Predict Positive Neurobiological Changes*. Poster accepted for the American Psychosomatic Society Annual Meeting, March 2020, Long Beach, CA. [conference cancelled due to COVID-19]
41. **Renna, M.E.**, Shrout, M.R., Madison, A.A., Kiecolt-Glaser, J.K. *Worry and rumination in breast cancer survivors: Perseveration worsens self-rated health*. Poster accepted for the American Psychosomatic Society Annual Conference, March 2020, Long Beach, CA. [conference cancelled due to COVID-19]
40. **Renna, M.E.**, Spaeth, P.E., Qina'au, J., Hoyt, M.A., Mennin, D.S. *Examining the impact of an experimental manipulation of worry and relaxation on inflammatory cytokines*. Poster accepted for the American Psychosomatic Society Annual Conference, March 2020, Long Beach, CA. [conference cancelled due to COVID-19]
39. **Renna, M.E.**, Peng, J., Shrout, R., Madison, A.A., Andridge, R., Kiecolt-Glaser, J.K. *Childhood abuse histories contribute to steeper inflammatory trajectories across time*. Citation poster accepted for the American Psychosomatic Society Annual Conference, March 2020, Long Beach, CA. *citation posters selected based upon high merit and will be published in an upcoming issue of *Psychosomatic Medicine* [conference cancelled due to COVID-19]
38. Speath, P.S., **Renna, M.E.**, Fresco, D.M., Mennin, D.S. *Borderline and narcissistic personality traits impact treatment outcomes from emotion regulation therapy for young adults with distress disorders*. Poster accepted for the Anxiety and Depression Association of America Annual Conference, March 2020, San Antonio, TX. [conference cancelled due to COVID-19]
37. Zimmerman, C.F., Darabos, K., **Renna, M.E.**, Wang, A., Hoyt, M. *Part of the Process—The Role of Emotional Approach Coping in Adjustment among Young Adults with Cancer*. Poster accepted for the Society for Behavioral Medicine Annual Meeting, April 2019, San Francisco, CA. [conference cancelled due to COVID-19]
36. Madison, A.A., Belury, M.A., Andridge, R., Shrout, M.R., **Renna, M.E.**, Malarkey, W.B., Bailey, M.T., Kiecolt-Glaser, J.K. *Afternoon distraction: A high saturated fat meal and endotoxemia impact post-meal attention in a randomized crossover trial*. Poster to be presented at the Ohio State University's Center for Clinical and Translational Science Annual Scientific Meeting, December 2019, Columbus, OH.
35. Gershkovich, M., Middleton, R., Raskin, M., Hezel, D., **Renna, M.E.**, Grimaldi, S., Simpson, H.B. *Transforming treatment delivery for obsessive-compulsive disorder using a mobile app*. Poster presented at the Anxiety and Depression Association of American Annual Conference, March 2019, Chicago, IL.
34. **Renna, M.E.**, O'Toole, M.S., Klemanski, D.H., Kerns, C., McLaughlin, K.A., Mennin, D.S. *Momentary reporting of negative affect as a predictor of end of day worry and rumination in generalized anxiety disorder*. Poster presented at the International Convention of Psychological Science, March 2019, Paris, France.
33. **Renna, M.E.**, Quintero, J.M., Mennin, D.S. *Understanding the role of perseveration in the association between inflammation and gastric activity: Findings from a lab-based study*. Poster presented for the International Convention of Psychological Science, March 2019, Paris, France.
32. Spaeth, P.E., Sandman, C.F., **Renna, M.E.**, Mennin, D.S., Fresco, D.M. *Emotion Expressivity Predicts Treatment Improvement after Emotion Regulation Therapy in Adults with Generalized Anxiety Disorder*. Poster presented at the International Convention of Psychological Science, March 2019, Paris, France.
31. **Renna, M.E.**, Quintero, J.M., Mennin, D.S. (2018). *The influence of state worry and rumination on inflammation and gastric functioning: Relationships between cognitive, immunological, and physiological markers*. Poster presented at the Association of Behavioral and Cognitive Therapies Annual Conference, November 2018, Washington D.C.

30. Quintero, J.M., Seeley, S.H., **Renna, M.E.**, Mennin, D.S. (2018). *Indices of trait emotionality and emotion regulation: A concordance study between myoelectrical gastric reactivity and heart rate variability*. Poster presented at the Society for Psychophysiological Research Annual Meeting, October 2018, Quebec City, Quebec.
29. **Renna, M.E.**, Klemanski, D.H., Kerns, C., McLaughlin, K.A., Mennin, D.S. (2017). *Momentary reporting of negative affect predicting end of day perseveration and social disability in generalized anxiety disorder: An experience sampling study*. Poster presented at the Association of Behavioral and Cognitive Therapies Annual Conference, November 2017, San Diego, CA.
28. Quintero, J.M., Seeley, S.H., **Renna, M.E.**, Mennin, D.S. (2017). *Trait indices of emotionality and emotion regulation: An examination of individual differences in emotional processing and myoelectrical gastric activity*. Poster presented at the Association of Behavioral and Cognitive Therapies Annual Conference, November 2017, San Diego, CA.
27. **Renna, M.E.**, O'Toole, M.S., Spaeth, P.*, Mennin, D.S. *Inflammatory dysregulation in PTSD compared to other anxiety disorders: A meta-analysis*. Poster presented at the American Psychological Association Annual Conference, Division 12: Society for Clinical Psychology, August 2017, Washington D.C.
26. **Renna, M.E.**, O'Toole, M.S., Spaeth, P.*, Mennin, D.S. (2017). *A meta-analytic investigation of chronic inflammation in anxiety disorders*. Poster presented at the Graduate Center Psychology Research Day, May 2017, New York, NY.
25. Quintero, J.M., Seeley, S.H., **Renna, M.E.**, Mennin, D.S. (2017). *Links Between Individual Differences in Trait Emotionality and Altered Gastric Myoelectrical Activity*. Poster presented at the Anxiety and Depression Association of America Annual Conference, April 2017, San Francisco, CA.
24. **Renna, M.E.**, O'Toole, M.S., Spaeth, P.*, Mennin, D.S. (2017). *A meta-analytic investigation of chronic inflammation in anxiety disorders*. Poster presented at the Anxiety and Depression Association of America Annual Conference, April 2017, San Francisco, CA.
23. Villier, A.*, **Renna, M.E.**, Aldao, A., Fresco, D.M., Mennin, D.S. (2016). *The influence of muscle tension and gastrointestinal distress on psychological symptoms within generalized anxiety disorder*. Poster presented at the 50th Annual Association for Behavioral and Cognitive Therapies Conference, October 2016, New York, NY.
22. **Renna, M.E.**, Seeley, S.H., Mankus, A.M., Heimberg, R.G., Fresco, D.M., Mennin, D.S. (2016). *Improvements in attentional flexibility throughout Emotion Regulation Therapy is associated with improved clinical outcomes*. Poster presented at the Graduate Center Psychology Research Day, May 2016, New York, NY.
21. **Renna, M.E.**, Seeley, S.H., Mankus, A.M., Heimberg, R.G., Fresco, D.M., Mennin, D.S. (2016). *Improvements in attentional flexibility throughout Emotion Regulation Therapy is associated with improved clinical outcomes*. Poster presented at the STARR Stress and Trauma Conference, April 2016, New York, NY.
20. Villier, A.*, **Renna, M.E.**, Aldao, A., Fresco, D.M., Mennin, D.S. (2016). *The influence of muscle tension and gastrointestinal distress on psychological symptoms within generalized anxiety disorder*. Poster presented at the Hunter College Undergraduate Research Conference, April 2016, New York, NY.
19. O'Toole, M. S., Zachariae, R., **Renna, M. E.**, Mennin, D. S., & Applebaum, A. (2016). *Cognitive behavioral therapy for informal caregivers of patients with cancer and cancer survivors: A meta-analysis*. Poster presented at the American Psychosomatic Society Annual Meeting, March 2016, Denver, CO.
18. **Renna, M.E.**, Villier, A.*, O'Toole, M.S., Fresco, D.M., Heimberg, R.G., Mennin, D.S. (2016). *The impact of changes in psychological symptoms associated with generalized anxiety disorder on self-reported physical health throughout Emotion Regulation Therapy*. Poster presented at the Anxiety and Depression Association of America Annual Conference, March 2016, Philadelphia, PA.
17. **Renna, M.E.**, Mennin, D.S., Fresco, D.M., Heimberg, R.G. (2015). *Changes in psychological symptoms as a predictor of decreased muscle tension and gastrointestinal distress throughout treatment for generalized anxiety disorder*. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies, Behavioral Medicine and Integrated Primary Care SIG, November 2015, Chicago, IL.
16. O'Toole, M.S., Zachariae, R., **Renna, M.E.**, Mennin, D.S., Applebaum, A. (2015). *Cognitive behavioral therapy for informal caregivers of patients with cancer and cancer survivors: A meta-analysis*. Poster presented at the International Conference on Emotions, Well-being, and Health, October 2015, Tilburg, Netherlands.

15. **Renna, M.E.**, Mennin, D.S., Fresco, D.M., Heimberg, R.G. (2015). *Physical symptom changes as a result of Emotion Regulation Therapy for generalized anxiety disorder*. Poster presented at the CUNY Graduate Center Psychology Research Day, April 2015, New York, NY.
14. **Renna, M.E.**, Seeley, S.H., Chin, S.*, Heimberg, R.G., Fresco, D.M., Mennin, D.S. (2015). *The utility of a behavioral measure of distress tolerance in generalized anxiety disorder*. Poster presented at the Association of Psychological Science Annual Conference, May 2015, New York, NY.
13. Mhoon-Mock, W., **Renna, M.E.**, Fresco, D.M., Heimberg, R.G., Mennin, D.S. (2015). *The role of mindfulness skills usage in values engagement following emotion regulation therapy*. Poster presented at the Association of Psychological Science Annual Conference, May 2015, New York, NY.
12. Mhoon-Mock, W., **Renna, M.E.**, Fresco, D.M., Heimberg, R.G., Mennin, D.S. (2015). *Values engagement as a predictor of sustained treatment gains following emotion regulation therapy*. Poster presented at the Anxiety and Depression Association of America Annual Conference, April 2015, Miami, FL.
11. **Renna, M.E.**, Seeley, S.H., Chin, S.*, Heimberg, R.G., Fresco, D.M., Mennin, D.S. (2015). *The use of the mirror tracing persistence task as a marker of distress tolerance in generalized anxiety disorder*. Poster presented at the Anxiety and Depression Association of America Annual Conference, April 2015, Miami, FL.
10. **Renna, M.E.**, Seeley, S.H., Chin, S.*, Heimberg, R.G., Fresco, D.M., Mennin, D.S. (2014). *Preliminary evidence for a behavioral measure of distress tolerance in generalized anxiety disorder*. Poster presented at the 48th Annual Convention of the Association of Behavioral and Cognitive Therapy, November 2014, Philadelphia, PA.
9. Adelsberg, S., Roy, A.K., Seeley, S.H., Garcia, E., **Renna, M.E.**, Fresco, D.M., & Mennin, D.S. (2014). *Changes in Emotion Regulation Circuitry Associated with a Regulation-Based Intervention for Generalized Anxiety Disorder*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, November 2014, Philadelphia, PA.
8. **Renna, M.E.**, Seeley, S.H., Mankus, A.M., Garcia, E., Mennin, D.S., Fresco, D.M., Heimberg, R.G. (2014). *Emotion Regulation Therapy for generalized anxiety disorder: Exploration of heart rate variability and inhibition of emotional interference*. Poster presented at the CUNY Graduate Center Psychology Research Day, May 2014, New York, NY.
7. **Renna, M.E.**, Seeley, S.H., Mankus, A.M., Garcia, E., Mennin, D.S., Fresco, D.M., Heimberg, R.G. (2014). *Emotion Regulation Therapy for generalized anxiety disorder: Exploration of heart rate variability and inhibition of emotional interference*. Poster presented at the Anxiety and Depression Association of America Annual Conference, March 2014, Chicago, IL.
6. Garcia, M., Seeley, S.H., Fonseca, L., Quintero, J.M., **Renna, M.E.**, Skytte-O'Toole, M., Mennin, D.S. (2014). *Positive self-referential processing modulates electrocortical responses to emotional stimuli*. Poster presented at the Anxiety and Depression Association of America Annual Conference, March 2014, Chicago, IL.
5. Wichelns, G.*, **Renna, M.E.**, & Mennin, D.S. *Preliminary exploration of the validity of subjective anchor scales for worry and rumination*. Poster presented at the 42nd Annual Hunter Psychology Convention, March 2014, New York, NY.
4. Feldman, G., Traeger, L., Jacobo, M., **Renna, M.**, Clayton-Matthews, J., Harley, R. (2012). *Distress tolerance, mindfulness, and emotional approach coping among patients participating in a DBT skills training group for BPD in a practice setting: A pilot study*. Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapy, November 2012, National Harbor, MD.
3. **Renna, M.**, Sinclair, S.J., & Blais, M.A. (2011). *Differences in neuropsychological functioning across psychiatric groups with a history of depression, mania, and psychosis*. Poster presented at the Society of Personality Assessment Annual Meeting, March 2011, Boston, MA.
2. Senville, J., Bell, K., **Renna, M.**, Robbins-Monteith, K., Latty, S., Feldman, G. (2010). *Effects of personality traits on subjective and physiological reactivity to a challenging task and recovery following mindfulness meditation and progressive muscle relaxation: A preliminary investigation*. Poster presented at the Simmons College Annual Research Conference, April 2010, Boston, MA.
1. Hill J., Latty S., Serrailier J., Cohen S., **Renna M.**, Stants L., Robbins-Monteith K., Cunningham K. (2010). *Fieldwork theses in psychology: Diverse experiences in science and practice*. Poster presented at the Simmons College Annual Research Conference, April 2010, Boston, MA.

*denotes undergraduate mentee

TEACHING EXPERIENCE

Graduate:

Professor Fall 2021
Course: Advanced Psychopathology
University of Southern Mississippi

Undergraduate:

Instructor Fall 2015 & 2016
Course: Abnormal Psychology
Hunter College, New York, NY
Overall student evaluation rating: 6.2/7.0 & 6.7/7.0

Teaching Assistant Spring 2015
Course: Health Psychology
Hunter College, New York, NY

Teaching Assistant Fall 2014
Course: Abnormal Psychology
Hunter College, New York, NY

RESEARCH MENTORSHIP & ADVISING

Undergraduate Honors Thesis & Grantsmanship Supervision

2019 Rainier Yano (The Ohio State University)
Stress concordance and heart rate variability in breast cancer survivors

2016 Andrew Villier (B.A. Hunter College)
The influence of muscle tension and gastrointestinal distress on psychological symptoms within generalized anxiety disorder

2014 Shehan Chin (B.A. Hunter College)
Effects of distress tolerance in generalized anxiety disorder using a mirror tracing task

2014 George Wichelns (post-bacc student, Hunter College)
Preliminary exploration of the validity of subjective anchor scales for worry and rumination

Master's Thesis Co-Supervision (instructor of record Dr. Doug Mennin)

2016 Laura Lamantia (M.A. Hunter College)
Behavioral avoidance and the evaluation, expression, and intensity of emotions in generalized anxiety disorder and major depressive disorder

2016 Lauren Noble (M.A. Hunter College)
Facial expressions in generalized anxiety disorder

CLINICAL SUPERVISORY EXPERIENCE

Stress and Health Lab at the Institute for Behavioral Medicine Research 2019 - present
Supervisor for SCID Diagnostics

Duke University Medical Center 2018 - 2019
Trainee Clinical Supervisor

Dean Hope Center for Educational and Psychological Services 2017 - 2018
Peer Clinical Supervisor

Emotion Regulation Therapy (ERT) 2016 - 2017

EDUCATIONAL PROGRAM DEVELOPMENT

Renna, M. E., McMahon, K., Fang, C. M., & Miller, M. L. (2018, November – December). Through Thick & Thin: Enhancing communication and connection in your relationships. (1.5 content hours weekly, for 4 weeks). Duke University Medical Center.

Renna, M.E. (2019, February). Through Thick & Thin: What is DBT? (2 content hours weekly for 2 weeks). Duke University Medical Center

Renna, M.E. (2019, May). Through Thick & Thin: What is BPD? (2 content hours weekly for 2 weeks). Duke University Medical Center

PROFESSIONAL MEMBERSHIPS

American Psychosomatic Society
Anxiety and Depression Association of America
Association of Behavioral and Cognitive Therapy
Association for Psychological Science
Psi Chi
Society for the Science of Clinical Psychology

AD-HOC JOURNAL REVIEWS

Anxiety, Stress, & Coping; Behavior Modification; Behavior Research and Therapy; Behavior Therapy; Brain, Behavior, & Immunity; British Journal of Health Psychology; Cardiovascular Psychiatry and Neurology; Child & Adolescent Mental Health; Clinical Psychological Science; Clinical Psychology: Science and Practice; Cognition and Emotion; Cognitive Therapy and Research; Depression and Anxiety; Epidemiology and Psychiatric Sciences; Expert Review of Clinical Immunology; International Journal of Behavioral Medicine; International Journal of Psychophysiology; Journal of Abnormal Psychology; Journal of Affective Disorders; Journal of Consulting and Clinical Psychology; Journal of Gerontology: Psychological Sciences; Journal of Health Psychology; Journal of Obsessive-Compulsive and Related Disorders; Journal of Personality & Social Psychology; Military Behavioral Health; Military Psychology; Psychiatric Research: Neuroimaging; Psychology and Psychotherapy: Theory, Research, and Practice; Psychopathology & Behavioral Assessment

SERVICE

The James Cancer Center @ OSU Wexner Medical Center Annual Scientific Retreat <i>Planning Committee</i>	2019 – 2020
Duke University Medical Center Multicultural Team <i>Team Member</i>	2018 – 2019
Health Psychology & Clinical Science Clinical Training Committee <i>Preparation of student clinical training materials for APA accreditation application</i>	2017
Association of Behavioral and Cognitive Therapy (ABCT) <i>Local Events Committee Volunteer</i>	2016
NYC Cognitive Behavioral Therapy Association <i>Student Volunteer</i>	2015 - 2016
American Psychological Society Student Council (APSSC) <i>Student Research Award Reviewer</i>	2015
Health Psychology & Clinical Science Recruitment Committee <i>Student co-chair</i>	2014 - 2016
Health Psychology & Clinical Science Admissions Committee	2014 - 2016

RESEARCH POSITIONS

The Stress and Health Research Program/Institute for Behavioral Medicine Research <i>Postdoctoral Researcher</i> <i>Supervisor: Janice Kiecolt-Glaser, Ph.D.</i>	2019 - 2021
Regulation of Emotion in Anxiety and Depression (READ) Lab, New York, NY <i>Graduate Student Researcher</i> <i>Supervisor: Douglas Mennin, Ph.D.</i>	2013 - 2018
Massachusetts General Hospital, Boston, MA <i>Project Assistant and Data Analyst, Research</i> <i>Supervisor: Samuel Justin Sinclair, Ph.D.</i>	2010 - 2013
Massachusetts General Hospital, Boston, MA <i>Volunteer Research Assistant</i> <i>Supervisor: Lara Traiger, PhD</i>	2009 - 2010
Children's Hospital, Boston, MA <i>Research Assistant</i> <i>Supervisor: Jennifer LeBovidge, PhD</i>	2009 - 2010
Simmons College, Boston, MA <i>Research Assistant</i> <i>Supervisor: Gregory Feldman, PhD</i>	2009 - 2010
Harvard School of Public Health (HSPH), Boston, MA <i>Research Assistant</i> <i>Supervisor: Siobhan St. Surin</i>	2007 - 2009

SUPERVISED CLINICAL TRAINING

Duke University Medical Center <i>CBT Track: Cognitive Behavioral Research and Treatment Program</i> <i>Clinical Supervisors: Melissa Miller, Ph.D.; Andrada Neacsiu, Ph.D.; Laura Porter, Ph.D.; Moria Smoski, Ph.D.</i>	2018 – 2019
Columbia University Medical Center/New York State Psychiatric Institute <i>Anxiety Disorders Clinic (OCD and Related Disorders Program)</i> <i>Clinical Supervisor: Marina Gershkovich, Ph.D.</i>	2017 - 2018
CBT/DBT Associates <i>Clinical Supervisor: Lisa Napolitano, Ph.D.</i>	2016 - 2017
Emotion Regulation Therapy (ERT) <i>Counseling & Wellness Services, Hunter College, New York, NY</i> <i>Clinical Supervisors: Douglas Mennin, Ph.D. & David Fresco, Ph.D.</i>	2014 - 2016
Emotion Regulation Therapy for Cancer Caregivers (ERT-C) <i>Caregivers Clinic, Memorial Sloan Kettering Cancer Center, New York, NY</i> <i>Clinical Supervisors: Douglas Mennin, Ph.D. & Allison Applebaum, Ph.D.</i>	2015 - 2016
Health Psychology Service <i>Counseling & Wellness Services, Hunter College, New York, NY</i> <i>Clinical Supervisor: Michael Hoyt, Ph.D.</i>	2015 - 2016

CLINICAL TRAININGS AND WORKSHOPS

Cognitive Behavioral Therapy for Insomnia <i>Duke University Medical Center</i>	Feb 2019
Behavioral Activation for Depression <i>UNC Chapel Hill School of Medicine</i>	Nov 2018
Mindfulness Based Cognitive Therapy <i>UNC Chapel Hill School of Medicine</i>	Nov 2018
Acceptance and Commitment Therapy for Substance Use Disorders <i>Duke University Medical Center</i>	Oct 2018
Foundations of Trauma-Informed Care <i>Duke University Medical Center</i>	Sept 2018
Cognitive Processing Therapy for PTSD <i>Durham VA Medical Center</i>	Aug 2018
Behavioral Tech, LLC – DBT Skills Training Online Course	July 2016
Behavioral Tech, LLC – DBT Chain Analysis Online Course	July 2016
DBT for Substance Abuse Workshop <i>CBT/DBT Associates</i>	May 2016
